

Camp Monroe

HEALTH CENTER POLICY

INFORMATION FOR PARENTS

The Camp Monroe Health Center staff is in residence at camp 24 hours a day for the purpose of overseeing the health of all the children at camp. This letter explains our medical procedures. You can help by sending complete information about your child and by making proper pre-camp preparations.

1. Medical Forms - The New York State Department of Health requires a medical check-up and immunization history for every child. Except in an extreme emergency, the camp doctor can not treat your child without a complete medical history. Please include any unusual medical history, allergy, or treatment. **An incomplete form in time of an emergency could be dangerous for your child.** We are in violation of the NY health law if we do not have a complete medical history and immunization record for each child.

2. Orthodontist - All orthodontic appliances should be checked and/or corrected by the child's personal orthodontist prior to camp. The orthodontist used by camp will only remove faulty bands or wires that are giving the child problems. No long-term repairs will be made. **NOTE:** Parents will be billed by the camp for the orthodontic appointment.

Dentist - All work should be up to date. If extensive treatment is needed, the parents will be notified. Parents will be billed by the camp for dental work.

3. Allergist - Instructions accompanying serums should be explicit. Only send the amount of serum that will be needed at camp.

4. Children's own medications

A. The Health Center is able to obtain any medications that are needed for treatment of most common pediatric ailments; please send to camp any specific medications that your child uses. Include a doctor's note detailing your doctor's directions concerning your child's use of the medication. Additional medications are available as needed from local pharmacies. Any medications prescribed by our camp physician are billed to the parents or their insurance company.

B. For the safety of all campers, no medications may remain in the bunk. This includes vitamins, aerosol repellents, first aid creams, Aspergum, Tylenol, Aspirin, Antihistamine, etc. **All medications must be in the Health Center.** Inhalers may be used if approved by the Health Center staff. Vitamins, if provided by a parent, are distributed by the camp mothers at breakfast.

C. Please turn in all personal medications to the camp staff on arrival at camp, with directions for use.

5. Admission to the Health Center

A. Children are admitted to the Health Center when they are found to have a temperature of over 100 degrees F orally, or when deemed necessary by the staff. **Parents will generally not be called** unless the child has been in the Health Center for more than 48 hours, or in cases of serious illness or injury.

B. Upon admission to the Health Center the child will be seen by the physician.

C. Usually if the child's temperature is within normal range for 24 hours, the child will be discharged from the Health Center.

D. If the child's temperature elevation exceeds 2 days, the parents will be informed by telephone.

6. Accidents and traumas

A. On camp grounds - Evaluation is made by the physician whether to treat at camp or use outside resources.

B. Off camp grounds - A counselor or an adult staff member will accompany the child to the physician's office, hospital, first aid station, or similar facility. Upon returning to camp, the child will be brought to the Health Center for evaluation.

C. X-rays are generally done at Orange Radiology or the Orthopedic Center of Dr. Joseph Deutsch in Pomona, as requested by the camp physician. Phone calls to the parents are made after all the information concerning your child is available. Phone calls are not made prior to x-ray examination. If x-rays are positive for a fracture, the child is treated by Dr. Deutsch after parent notification, when possible.

D. Suturing:

Suturing is done by the camp physician, the Emergency Room physician, or a plastic surgeon.

All facial wounds are automatically referred to a certified plastic surgeon for suturing.

In the event that your child needs suturing, it has been Camp Monroe's policy to inform parents following the procedure.

E. When a child returns to camp after treatment, the parents are immediately called.

7. Referrals to specialists - Occasionally children are referred by the camp physician to specialists.

Parents are generally not notified unless there is a specific reason or special circumstance.

8. Lice

A. On the day after campers arrive, the entire camp will be checked for lice. If a child is found to have a severe case of head lice, the camper may be sent home to be treated by the parent.

B. A second all camp inspection will be performed during the 5th week of camp. If a child is found to have lice, the camper will be treated by the Health Center so that the camper may be free of lice before the camper goes home.

9. Communicable Diseases - Certain communicable diseases, notably chicken pox, mononucleosis, measles, etc., require prolonged isolation of the patient from other campers. Since isolation for prolonged periods in the Health Center is both cumbersome and may be depressing to the camper concerned, it is Camp Monroe's policy to send the camper home until the disease has subsided, and the child has been cleared for return by his/her family physician or pediatrician.